



**ELLIE KEANE**



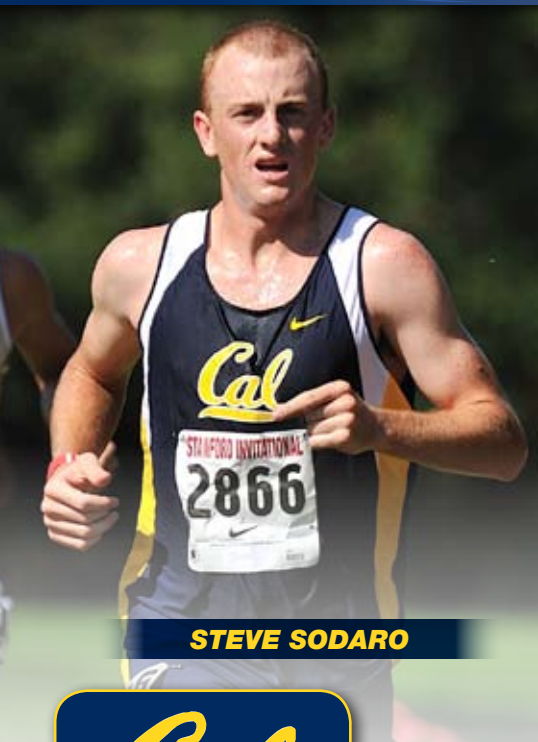
**KARI KARLSSON**



**DEBORAH MAIER**

# California<sup>TM</sup>

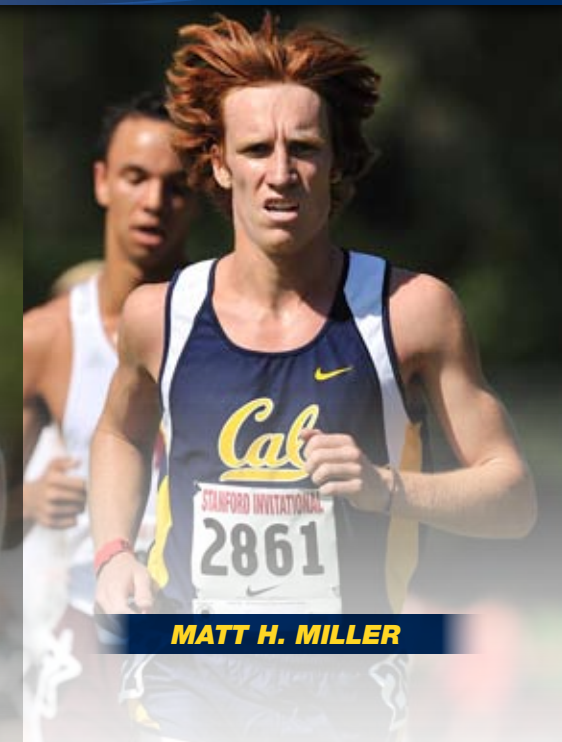
## GOLDEN BEARS



**STEVE SODARO**



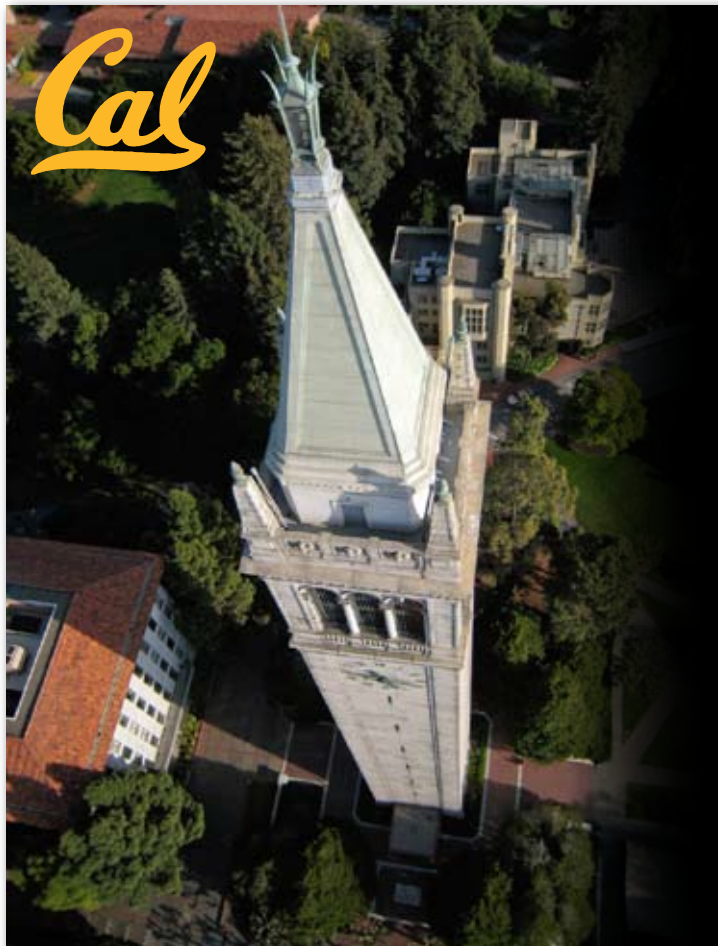
**ALISON GREGGOR**



**MATT H. MILLER**

**Cal**

**2009 CROSS COUNTRY**



## **GOLDEN BEAR FACTS**

Location .....	Berkeley, Calif.
Enrollment .....	35,409
Founded .....	1868
Nickname .....	Golden Bears
Colors .....	Blue (282) and Gold (123)
Conference .....	Pacific-10
Director of Athletics .....	Sandy Barbour
Sr. Associate Athletic Director .....	Foti Mellis
Men's 2008 Pac-10 Finish .....	T3rd
Men's 2008 NCAA Finish .....	22nd
Women's 2008 Pac-10 Finish .....	8th
Women's 2008 NCAA Finish .....	NA

## **CROSS COUNTRY COACHING STAFF**

77 Haas Pavilion, Berkeley, CA 94720	
Head Coach .....	Tony Sandoval (28th year)
Cell .....	(510) 316-5103
E-mail .....	tsandovl@berkeley.edu
Assistant Coach .....	Ann Detmer
Cell .....	(510) 735-4527
Volunteer Assistants .....	Magdalena Lewy, Sean Carey

## **ATHLETIC MEDIA RELATIONS**

349 Haas Pavilion, Berkeley, CA 94720	
Cross Country Contact .....	Herb Benenson
Office .....	(510) 642-0515
E-mail .....	benenson@berkeley.edu
Fax .....	(510) 643-7778
Internet .....	CalBears.com

# California™



## **CREDITS**

The 2009 California Cross Country Information Guide was written and edited by Herb Benenson. Design and layout by John Dunbar and Evan Kerr. Photography by John Todd, Kelley Cox, Michael Pimentel and Richard Ersted of GoldenBearSports.com; John Dunbar, Evan Kerr, and Charles Benton among others.

GoldenBearSports.com is the official photography service for Cal Athletics.

## **WE ARE CALIFORNIA**

When referring to University of California intercollegiate athletic teams, please use California or Golden Bears on first reference. Cal or Bears may be used on second reference. Terms such as UC Berkeley, Cal-Berkeley, Berkeley and California-Berkeley (or other similar variations) in conjunction with Cal's athletic teams are incorrect and should not be used.



## CALIFORNIA MEN'S CROSS COUNTRY



**CHRIS CHAVEZ**

**MICHAEL COE**

**YOSEF GHEBRAY**

**KARI KARLSSON**



**ERIC LEE**

- Cal's 2007 men's team earned its first-ever appearance at the NCAA championships, finishing 16th
- The Golden Bears returned to the NCAA meet in 2008, where they were 22nd in the country
- Last fall, Yosef Ghebray became Cal's first All-American since 1993 and two Bears were named All-Pac-10



**MARK MATUSAK**

**MATT K. MILLER**

**STEVE SODARO**

**DAVID TORRENCE**

# CALIFORNIA GOLDEN BEARS



## 2009 CROSS COUNTRY



**Front row (from left):** Volunteer coach Sean Carey, assistant coach Ann Detmer, J.P. Slater, Herdis Arnalds, Taylor Bryson, Alison Greggor, Taylor Dutch, Nicole Hough, Hillary Hayes, Deborah Maier, Renaud Poizat, James Attarian, James Brewer, athletic trainer Shelly Taketa.

**Back row (from left):** Rylan Hunt, Haley Huxtable, Kari Karlsson, Collin Jarvis, Simon Schmidt, Steve Sodaro, Andres Diaz, Brad Surh, Matt Miller, Cody Schmidt, Nate Beach, Chris Vizcaino, head coach Tony Sandoval.

## 2010 California Cross Country Schedule

DATE	DAY	EVENT	COURSE	SITE	TIME
<b>SEPTEMBER</b>					
5	Sat	at Univ. of San Francisco Invitational	Lindley Meadow, Golden Gate Park	San Francisco, CA	9:15 a.m.
12	Sat	at Sacramento State Jamboree	Granite Regional Park	Sacramento, CA	9:15 a.m.
26	Sat	at Stanford Invitational	Stanford Golf Course	Stanford, CA	10:50 a.m.
<b>OCTOBER</b>					
17	Sat	at Pre-NCAA Invitational	Wabash Valley Sports Center	Terre Haute, IN	8:00 a.m.
17	Sat	at Bronco Invitational	Baylands Park	Sunnyvale, CA	9:45 a.m.
30	Fri	at Pac-10 Championships	Skylinks Golf Course	Long Beach, CA	3:00 p.m.
<b>NOVEMBER</b>					
14	Sat	at NCAA Regionals	Springfield Country Club	Springfield, OR	9:45 a.m.
22	Sun	at USATF Championships	Lindley Meadow, Golden Gate Park	San Francisco, CA	9:00 a.m.
23	Mon	at NCAA Championships	Wabash Valley Sports Center	Terre Haute, IN	9:00 a.m.



All time Pacific Time and subject to change

